

# Automatic External Defibrillator (AED)

In the UK one person suffers a heart attack every two minutes. The majority could be saved if the heart was shocked back into rhythm within a few minutes.

AEDs are becoming more widely available particularly in places where people gather such as shopping centres, large work places, railway stations and airports, in line with government initiative

## **About the course**

This course teaches the skills required by an AED user and gives the learners the confidence to know what to do in an emergency.

This is a very informative course set in a relaxed and positive atmosphere. Course participants will enjoy taking part in active exercises, which simulate emergency situations.

## **Who should attend**

No previous first aid knowledge is required for this course. It is also suitable for anyone who has completed a previous first aid course and wants to extend their knowledge. For health care workers it serves as a basic module.

## **What you will learn**

On this course you will learn how to do CPR and operate an automated external defibrillator.

## **The length of the course**

Four Hours for initial training.

Two hours for re-qualification.

## **Course content**

- Treatment of an unconscious patient
- Basic heart function
- Heart attacks
- Practical cardio pulmonary resuscitation (CPR)
- Getting to know the AED and how it works
- Using the AED
- Practical CPR and AED session

Continued over ...



### ***Assessment and certification***

Continuous assessment by the trainer. A certificate of competence will be issued on successful completion of the course which is valid for a one year. A two hour annual training will keep your certificate up to date to allow you to continue to practice.

### ***Where you can do the course***

This course can be held in your premises throughout the UK.  
Open courses are held in Wiltshire and Gloucestershire.

### ***How much it costs***

See price list.

### ***How to apply***

You can book on to a course or organise in house training :

- on our website [www.switchtraining.co.uk](http://www.switchtraining.co.uk)
- by email [info@switchtraining.co.uk](mailto:info@switchtraining.co.uk)
- by phone **01666 823626**

